



# VA&R NC

February 2022

North Carolina

Issue #3

I am so grateful for my Auxiliary family that continue to support our Veterans. Keep sending me your pictures, information about your events, and those impact numbers. We don't have a formal report as you know but I want to share your successes with the members at Mid-Winter. Madam President shared her unit's (Cherryville 100) Fill the Boot campaign while she traveled to District Meetings. Hampstead 167 took that idea and made it applicable for Pender County and raised \$1,000 in one day for our Hospitalized Veterans. Let's get your successes out there and share it with the Units of the Department of North Carolina! **Fact: If sharing wasn't important, Pinterest wouldn't exist.**

## Share the Love

Valentine's Day is right around the corner! Let's help our Hospitalized Veterans feel the love from the Department of North Carolina. Send your Monetary Donations to the Department TODAY to help provide items for our Veterans to celebrate and feel loved. Be sure to mark VA&R in the memo section and indicate which VAMC you'd like to donate to. Let's share the love with those who served us. Send your Monetary Donations to the Department TODAY. Unit and personal donations accepted.

We will be collecting items for our Hospitalized Veterans at Mid-Winter. We will have tables located in the back labeled for each hospital.

Please bring :

- snacks
- sugar free treats
- cases of water
- coloring books
- colored pencils
- puzzle books

**Buddy Basket Items to help Veterans transition from homelessness to HOME:**

- |   |   |
|---|---|
| <input type="checkbox"/> Scrubbing Cleaner        | <input type="checkbox"/> Laundry Basket     |
| <input type="checkbox"/> Rubber Gloves            | <input type="checkbox"/> Waste Basket       |
| <input type="checkbox"/> Dust Pan with Hand Broom | <input type="checkbox"/> Paper Towels       |
| <input type="checkbox"/> Light Bulbs              | <input type="checkbox"/> Bathroom Tissue    |
| <input type="checkbox"/> Shower Curtain           | <input type="checkbox"/> Window Cleaner     |
| <input type="checkbox"/> Bath Towels              | <input type="checkbox"/> Bath mats          |
| <input type="checkbox"/> Laundry Detergent        | <input type="checkbox"/> Sm Kitchen Rugs    |
| <input type="checkbox"/> Eating Utensils          | <input type="checkbox"/> Paper towel holder |
| <input type="checkbox"/> Dishes                   | <input type="checkbox"/> Sponges            |

## Let's Fill the table!

## Caregiver Support

### We are excited to recognize our Caregivers at Mid Winter Conference.

If you know someone in your Unit who is a caregiver, please let me know. We'd like to recognize them at Mid-Winter. Please email Katie at kapfeil@me.com and I will present Certificates of Appreciation at Conference. The Unit member does not need to be present to accept the certificate.

Ways to identify a Caregivers:

- Do you do things for someone who serves or served in the Armed Forces that he or she can't do anymore?
- Do you help someone who serves or served in the Armed Forces with stress, emotional issues, anger, or depression?
- Do you take someone who serves or served in the Armed Forces to medical appointments or arrange any form of health care for them?
- Do you feel you do the care responsibilities for someone who served in the Armed Forces because they are your spouse, son/daughter, friend, sibling, or other family member?

If you answered YES to any of these questions, you or may be a military caregiver, according to the Military and Veteran Caregiver Network.

## Reporting

We are asking that members share the story and photos of their events as they happen within their Unit, District, and Divisions. Submit just after it happens when the information is fresh in your mind.

Designate a member to report. Please **email** these to Katie Pfeil ALA VA&R Department Chairman.

### Questions?

Katie Pfeil [kapfeil@me.com](mailto:kapfeil@me.com)

Gale Jones [gjones50\\_2000@yahoo.com](mailto:gjones50_2000@yahoo.com)

### Hospital Reps:

Asheville: Anne Morris 828-885-2993 [morrisanne123@gmail.com](mailto:morrisanne123@gmail.com)

Durham: Cathy Lipsey 919-215-5287 [cathyloej@aol.com](mailto:cathyloej@aol.com)

Fayetteville: Ann Moore 919-414-4605 [amoore7565@gmail.com](mailto:amoore7565@gmail.com)

Salisbury: Gloria Wilhelm 704-279-7843 [wilhelmga@yahoo.com](mailto:wilhelmga@yahoo.com)

## From our National Chairman:

**Lisa Williamson**

## Service to Veterans Pin

Hours can be earned through work done in your home for the benefit of homebound, sick or injured servicemembers and veterans. These activities might include sewing, mending, and/or babysitting while the veteran attends medical appointments or rehab sessions, or making quilts or knitting for hospitalized or homeless veterans.

### HOURS PINS & BARS

In addition to our volunteers, caregivers can now be awarded "Service to Veterans" hours which may accumulate for hour bars for time spent providing care and assistance to Veterans within their families if they do not receive PROFESSIONAL compensation for doing so. If the caregiver lives with the Veteran, they may be awarded 10 hours a week. If they do NOT live with the Veteran relative then they may be awarded 5 hours a week. The onus is placed upon the caregiver to report these hours through the existing structure within their units and departments.

Only the highest earned hour bar will be awarded. For those departments that track both "hospital" hours as well as "Service to Veterans" hours, these hours would fall under "Service to Veteran".