



# NEC Newsletter

November 2022 Department of North Carolina

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Issue # 3



AMERICAN  
LEGION  
AUXILIARY



The ALA's traditional emblem has remained a fixture during our 103 years of service. In our next era, the new brand marks will still be the go-to support for military, veterans, and their families — but with a different look. The blue star emblem will not be going away ... it will simply be used in specific applications. For more information check ALA *eNews* for updates, follow us on social media @ALAFforVeterans, and watch your mailbox for the February 2023 issue of *Auxiliary* for more details. Eventually, the ALA Branding Guide will be updated with the new information, but you can go to <https://www.legion.org/brand> for guidelines

Apply by Dec. 15 to serve on a 2023-2024 national ALA committee



The application process for 2023-2024 national committee appointments is now open. National committee chairs and members are appointed annually and confirmed by the National Executive Committee. You need **not** have served as an officer in your district or department to be eligible for an appointment, and male spouse ALA members are welcome to apply. The application window is through Dec.15 <https://www.legionaux.org/NationalAppointmentApplication>

## NEC and National Convention Governance Actions

For the Full article see the November ALA Magazine and the ALA blog at [www.alaforveteran.org](http://www.alaforveteran.org)

- ✓ Approval of a national dues increase of \$6.00 beginning in 2024
- ✓ Updating our governing documents, including the Articles of incorporation
- ✓ The creation of an Ethical Conduct Committee
- ✓ The Risk and Compliance Committee may now have an additional non-member to provide expertise
- ✓ An overhaul of the department and unit cancellation process.
- ✓ Putting in writing that Program reports are due to the national Chairman by May 15.
- ✓ Department Impact Reports are due to National Headquarters by June 1

## The American Legion “Be The One” Campaign

The American Legion is raising awareness about PTSD and Veteran suicide by providing resources, hope and camaraderie for those at risk. As many of you know from my president’s project in 2019-21 this is an issue that is dear to my heart. I am thankful for this program. I encourage each of you to be the one.

What is “Be the One” all about? Anyone can be the one, spouses, friends, caregivers, family members. Everyone can save a life. Be aware, recognize the signs that you or someone else may need help. Don’t wait until they are telling you negative, destructive thoughts. Be a friend and ask how you are doing today. Build that relationship. Be the confidant that they feel they can share with without judgement. Be a true connection to someone who needs it.

Tango Alpha Lima in September’s Podcast focused on success in efforts to reduce veteran suicides. A North Carolina’s post efforts to raise awareness are paying off. (for more information check out the November Legion Magazine.)



## Happy November

November is one of my favorite months of the year. It is a time to reflect on our blessings. I am thankful for so much. God has truly blessed me with a wonderful family and friends. I am blessed to have been born the greatest country in the world and to belong to the largest veteran’s service organization. I am proud to be a member of the ALA and the Legion Family.

Happy Veteran’s Day. Thank you to all who have served and those that are currently serving our country. Without your service and sacrifice, we would not have the freedoms we enjoy today. Please remember to thank a veteran on Veterans Day and every day.

## Spotlight on the VA&R Program

### Key Program Statements:

- Support rehabilitation and healing of veterans through arts, crafts, and hobbies.
- Support veteran caregivers, family members and survivors.
- Enroll Auxiliary members as VA Voluntary Service (VAVS) volunteers at VA health care facilities.
- Help The American Legion, State Department of Veterans Affairs and Chamber of Commerce promote job fairs for veterans and their families.
- Find opportunities for Auxiliary members to serve veterans in your area such as serving the homeless.

### National Awards

**Unit Award:** Most Outstanding VA&R Program (per division)  
Deadline June 1

**Department Award:** Best Department VA&R Program (per division)  
Deadline June 1

<https://www.legion-aux.org/member/committees/var>

**Department Chairman:** Julie Zajc [juli@zajcfamily.com](mailto:juli@zajcfamily.com)

**Service to Veterans:** Jane Hoppenworth  
[janehopp@gmail.com](mailto:janehopp@gmail.com)

**National Chairman:** Trish Ward  
[tbw\\_ksaux@yahoo.com](mailto:tbw_ksaux@yahoo.com)

Be sure to read Trish’s article in the November ALA magazine, page 31. “Veterans Affairs and Rehabilitation: Healing Through the Arts” National President Vickie Koutz’s special project will support Companions who accompany our veterans to the National Creative Arts Festival. To donate to the National President’s Project, mail checks to:

**ALA National Headquarters**

**Accounts Receivable**

**3450 Founders Road**

**Indianapolis, 46268**

**Memo: 2022-2023 National President’s Special Project**

Southern Division Chairman: Anne Moore  
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Your local VA Hospital Reps can provide you with needs and wants at one of our 4 VAMCs

Asheville: Anne Morris [morisanne123@gmail.com](mailto:morrisanne123@gmail.com)

Fayetteville: Ann Moore [amore7565@gmail.com](mailto:amore7565@gmail.com)

Salisbury: Gloria Wilhelm [wilhemga@yahoo.com](mailto:wilhemga@yahoo.com)

Durham: Joan Galbraith [toysfixer@hotmail.com](mailto:toysfixer@hotmail.com)