**How Can You Help Veterans During Covid-19 Restrictions?**

All visitations and donations intended for Veterans have been curtailed or modified in VA Hospitals, nursing and senior health care facilities, neighborhoods, and even within our own families. Here are some acceptable “socially-distanced” ways that you and your Chapter can support our North Carolina Veterans who are served our four VA Medical Centers and their satellite clinics across the state:

**VA Medical Centers Current Needs: All 4 Locations in Asheville, Salisbury, Durham, and Fayetteville:**

1. Walmart, Amazon, and Target Gift Cards
2. Checks (Chapter or Personal) Designate Use on Memo Line –Rec Therapy, Pizza Party, Bingo, etc. Checks should be made out to the facility (i.e. (Hospital Name Here) VA Medical Center )
3. Grocery Gift Cards (Harris Teeter, Food Lion, Lowes Foods) – cooking events, party trays (wings, veggie/fruit)
4. Warehouse Gift Cards (Sam’s, Costco, BJ’s) – choose the one that is closest to your VA
5. Restaurant Gift Cards (Bojangles, Dominos, Subway, Buffalo Wild Wings, Mello Mushroom, etc)
6. Entertainment Cards (Netflix, iTunes, X-Box)

**Individual Hospital Requests in addition to the Gift Cards and checks:**

**Charles George VAMC Asheville: Craig Doane -1100 Tunnel Road, Asheville 28805 828-298-7911 x 2514**

Cotton Masks, Ear Savers, Bottled water, 2-Liter Soft Drinks (Diet and Regular), Coffee, adult coloring books, colored pencils, crayons, and markers, Large Print Word Search and Puzzle books, Bird Seed, Peanuts in Shells, Composition Books (no spiral bindings)

**W.G. Hefner VAMC Salisbury: Les Eason –1601 Brenner Ave, Salisbury, NC 28144 704-638-9000 x13409** Cotton Masks

**Durham VAMC: Ronni Miller-508 Fulton St, Durham, NC 27705 919-286-0411 x 177810**

**Not currently accepting any tangible donations, including masks**

**\*The Annual September Country Store event has been CANCELLED for 2020.\***

Fayetteville VAMC: Norma Fraser, 2300 Ramsey Street, Fayetteville, NC 28301 910-488-2120 Cotton Masks, Ear Savers, Reading Glasses (all strengths), compositions notebooks (no spiral bindings), Long-sleeved t-shirts (men & women), cotton sports bras, Twiddlemuffs/Fidget Blankets

All Gift Cards can be mailed to the VA Medical Center addresses provided.