

OCTOBER – HONOR OUR ACTIVE DUTY & FIRST RESPONDERS!

Oct. 13 – U.S. NAVY (USN) BIRTHDAY

Oct. 26 – DAY OF THE DEPLOYED

- Ways to Bring Awareness to Deployed Troops:
 - Send or donate money for care packages - <https://supportourtroops.org/care-packages>. Sending your own? Try <https://shipthrifty.com>, an ALA membership benefit.
 - Look to local chapters of veteran-supporting groups such as the USO for ways to aid and assist.
 - Display a yellow ribbon to remember the men and women who serve far from home. Even better – make it a neighborhood event and place them on doors or mailboxes.
 - On social media, use the hashtag #DayOfTheDeployed on Oct. 26th to raise awareness and encourage others so support deployed service members and their families.
 - Connect personally by reaching out to a deployed troop you know.
- Ways to Honor Military Families of the Deployed:
 - Prepare a meal or invite the family to dinner.
 - Assist with minor inconveniences and household tasks. Handy? Fix a leaky faucet or broken fence.
 - Deliver groceries, baked goodies or a care package for the spouse or kids.
 - Babysit! A military spouse has the role of two parents - give them some alone time or the opportunity to run errands. Better yet, take the kids out for some fun while they relax.
 - Organize a ‘Trunk or Treat’ at your Post for Halloween including military children. Encourage local businesses/police/fire/town to participate.

Oct. 27 – NAVY DAY

- Smile and say “thank you for your service” to the men/women you see in uniform throughout the day.
- If you know a family with a loved one who is deployed, take time to thank them for their sacrifice.
- Visit a battleship memorial park or museum (i.e., [USS North Carolina Battleship - Wilmington, NC](#)).

Oct. 28 – NATIONAL FIRST RESPONDERS DAY

- Make some homemade cookies, cakes, or candies for your Police, Rescue, and Fire Departments.
- How about coffee and donuts for a morning pick-me-up?
- Provide McDonald’s or other gift cards.
- Place a radio or newspaper ad saying, “Thank You, First Responders!”.
- Collaborate with your Post to invite First Responders to monthly meeting/meal.
- Have your Juniors (or local school) create ‘thank you’ posters to be displayed downtown or delivered to their offices.

- Ongoing –
- Wear Red on Fridays - **R**emember **E**veryone **D**eployed.
 - Follow the Legion's POW/MIA Empty Chair Resolution 288 for designating a POW/MIA Empty Chair at all official meetings. Fly the POW/MIA flag at your Post.
 - Organize a blood drive or simply take time to donate blood.

We want to hear from you! Post pictures of your events on the Dept. of NC FaceBook page (see link below).
Be sure to report everything you do to michelle.potuzak@yahoo.com.

Join Us on FACEBOOK: [AMERICAN LEGION AUXILIARY DEPT OF NC](#)