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www.alanorthcarolina.com

## DEPARTMENT OF NORTH CAROLINA

### 2023 November/December Newsletter

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#### IMPORTANT DATES

##### **November 10, 2023**

Veterans Day  
Office Closed

##### **November 23 & 24, 2023**

Thanksgiving Holiday  
Office Closed

##### **December 25 & 26, 2023**

Christmas Holiday  
Office Closed

##### **January 1, 2024**

New Year's Day  
Office Closed

**"SEE SOMETHING, SAY  
SOMETHING, "BE THE  
ONE" TO DO  
SOMETHING!"**

**Department President**  
**Evelyn Lewis**  
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**Vice President &  
Membership**  
**Toni Reale**  
516-606-1466  
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#### **Division Presidents**

**Division I**  
**Joan Masters**  
518-860-2512  
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**Division II**  
**Juli Zajc**  
770-845-1716  
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**Division III**  
**Beth Whitaker**  
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**Naomi Totten**  
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317-966-3383  
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**Parliamentarian**  
**Martha Whitaker**  
828-329-3655  
mawhit3@bellsouth.net

**President Evelyn's  
Theme:**  
**"VETERAN SUICIDE  
AWARENESS"**

#### **Member Concerns or Prayer Needs?**

Chaplain Naomi Totten would love  
to hear from you.

336-694-5595  
naomitotten@outlook.com

Remember our RADA FUNDRAISER to  
help raise money for our General  
Fund. Shop at  
<https://radafundraising.com> and  
search for "American Legion Auxiliary  
Dept of NC". Plus, these products are  
**MADE IN THE USA!**

#### **IMPORTANT ANNOUNCEMENT**

**BULK MAIL DISCONTINUED**

**WE HAVE A NEW PHONE  
EXTENTION:**

**919-832-7506 x 1**

**November/December 2023**

**Bi-Monthly Mailing**

Greetings Auxiliary Members!

I am pleased to state that we had a successful Fall Conference on October 27th-28<sup>th</sup>. We heard informative reports from the Program Chairmen and Division Presidents. And the Poster Boards were "Outstanding" with three (3) Chairmen's winning prizes.

It is November and we honor our Veterans and Military families. I want to thank all Veterans for their Service and Salute you for answering "the call."

We have so much to be grateful for and continue to pray for our military men and women who continue fighting to protect our freedoms.

November also brings Thanksgiving! A time to be "Grateful." What are you Grateful for? Have you done anything that brings pride and joy to someone's life? Have you shared with the community what the Auxiliary means to you and perhaps encouraged someone to join your Unit or Post? Remember, National is promoting "The Legion Family."

Holidays to remember in November: **November 10<sup>th</sup> – Happy 104<sup>th</sup> Birthday, ALA and U.S. Marine Corps Birthday**, November 11: Veterans Day, and November 28: Giving Tuesday.

December is the Holiday Season!

Holidays to remember - December 1<sup>st</sup> – U.S. Civil Air Patrol Birthday; December 7: National Pearl Harbor Remembrance Day; December 13: U.S. National Guard Birthday; and December 16: National Wreaths Across America Day!

I want to wish each of you Happy Holidays! As you celebrate the Holidays, remember that Veteran who may be homeless, hurting, and in pain. Let us reach out to those Veterans who may be quiet and despondent. Start a conversation, let him or her know you are there to listen to them, without judgement. The Holidays are very difficult for some Veterans, so let us "Be the One" to listen to their stories, because it is never over!

**Veteran Suicide Awareness!**

Evelyn Lewis

NC ALA Department President 2023-2024

Department of North Carolina  
November-December Report  
Vice President/ Membership

Fall Conference is behind us and was very successful and informative. It was great to meet up with old friends and make new ones!

The North Carolina Express was chugging along, gathering membership wherever it goes. Fall Conference was no exception. In fact, it was very exceptional. The NC train engineers and passengers brought in 236 memberships from 21 units! This represented mostly renewal, with some new members as well.

The current Department strength rose to 58.62%. This places North Carolina in first place nationally. We are well on our way to meeting National's 75% challenge by December 7, 2023, Pearl Harbor Day. There are approximately 5 weeks to go, I know that we can do it!

The next Department challenge is that the units have all member renewed by December 31, 2024. There will be a drawing at Mid-Winter Conference for those units that have met the challenge.

We are getting ready for the holidays. Why not consider gifting an ALA membership to an eligible family member or friend? It will be a gift that benefits both the recipient and the veterans, the military, and their families that we support.

Here are some things to consider when submitting membership to the Department.

- 1 Use only the transmittal form with the numbered spaces, it was decided at the Finance meeting to decrease the paperwork going to the office.
- 2 List the names alphabetically. This makes it easier to enter the information into the computer.
- 3 For renewals, only the transmittal form needs to be sent in with the check. Make sure it reflects the current dues rates: \$28.50 for Seniors and \$8.50 for Juniors.
- 4 All applications must be signed by the applicant in the appropriate section. If they forget to sign the application, it will be returned.
- 5 The Post Adjutant must verify the eligibility of the applicant and sign the application.
- 6 Send only the completed properly filled out application to the Department office with the check. Do not send any other documents with new applications. Maintain the documents securely in your unit files. Remember that they contain sensitive information that should not be made public.

Many thanks to the Membership Team, the Division, District and Unit Presidents for their diligence in working on membership. Without actively engaged members we are not able to carry out our mission. Keep our Veterans, active-duty military and their families in your thoughts and prayers during this upcoming holiday season.

My wish for all of you is Peace and Blessings for all you do.

In the Spirit of Service Not Self,  
For God and Country

Toni Reale  
Department of NC  
Vice President 2023-2024  
Membership  
516-606-1466  
tprealaala@gmail.com

## **Service to Veterans**

Service to Veterans is anything you do for Veterans outside of a VAMC. Examples are taking a veteran that is home bound for a simple car ride, stop, and get coffee or ice cream, offer to come cook a meal in their home so they get the aroma of food cooking and the company, it is so easy to drop food off, but this makes memories. Send cards to let them know they are thought of all throughout the year not just on holidays, you never know a simple card could mean the difference to save a life. Send those home-made gifts. Put on a community stand down ( not at a VAMC) for our many homeless veterans .

There are many ways you can participate in the service to veterans use your imagination!! Remember to keep up with your hours and \$\$ you spend . Please mail or email your hours , \$\$ spent and things you have been doing for our veterans and their families to me .

For God and Country

Susan Jones  
(828) 553-9070  
[Gigijones1030@gmail.com](mailto:Gigijones1030@gmail.com)  
35 Smith Road  
Pisgah Forest NC 28768

**2024 American Legion Auxiliary Tar Heel Girls State**  
**June 9-15, 2024**  
**on the campus of Campbell University - Buies Creek, NC**

**IMPORTANT NEWS and UPDATES:**

- All information for Units, Counselors, and Participants can be found on our website: [ALATHGS.com](http://ALATHGS.com)
- If you wish to register more than 10 participants, please email us ([ALATHGS@gmail.com](mailto:ALATHGS@gmail.com)) for availability.
- The registration form will be available on our website by January 15, 2024 – this will help us to ensure we have the most accurate information needed by our host site.
- We will host a Zoom meeting on **Sunday, December 10 at 3pm** to answer questions you may have. To access the meeting, visit: <https://tinyurl.com/ALATHGS>

**Participation Requirements:**

- Participants should be: a member of the **current junior class** of her high school and should be graduating in 2024, in the top 1/3 of her class (use your best judgement for students who do not have class rankings).
- Seek potential participants from public, private, and military schools as well as homeschool students in your area. Don't forget your local Early College High Schools!
- Participants **do not** have to be members of a JROTC program to be eligible to attend. Participants should have an interest in government and parliamentary procedure.
- The cost for the program will be **\$400 per participant**. Tuition checks should come directly from Units and should accompany the enclosed Endorsement Form! No personal checks should be sent to Department Headquarters.

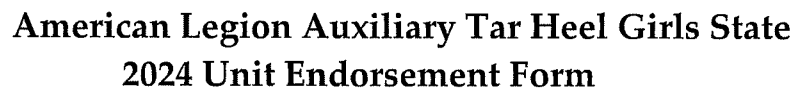
**Application at the Unit Level & Program Registration:**

- Recruit and select participants via an interview process of your choosing. Remember we are a nonpartisan program. Please ask students about their ability and willingness to be away from home for a week to commit to the program.
- We are asking that you verify GPA and Class Rank **BEFORE** giving the delegate the password to complete the online registration form. You can contact counselors directly or verify on a delegate's transcript.
- After she is selected by your unit, she must **register** with Department. Please try to avoid using the word application after this point, as they have already been vetted and accepted by your Unit. At this time, funds are collected from the girl, if necessary, and the delegate should be given the password, your Unit Number, and your contact information. She will contact you after she has completed the online registration.
- 2024 Password: **explore2024**
- After all chosen delegates have notified you of their completion of the registration form, please mail your check to Dept. Headquarters with the 2024 ALA THGS Endorsement Form. We recommend providing the delegate with a time frame to complete the registration form – this allows time to verify that she has completed it with the ALATHGS committee before mailing your check to Headquarters.
  - Visit [ALATHGS.com](http://ALATHGS.com), Click 2024 Participants, and type in the password. The registration form will be available on this part of the website after **January 15, 2024**.

**2023-2024 Timeline:**

- Now: Begin contacting your local schools! A printable flyer to give to guidance counselors is available on our website under "Unit Information."
- January 15, 2024: Delegates can begin filling in their information via the online registration form.
- Completed registrations (online) and Endorsement Forms (paper copy) with all monies, are due to Department Headquarters by **May 1, 2024** - this is also the non-refundable tuition deadline. Any cancelations after this date will not be issued a refund.

Please contact the Girls State Commission ([alathgs@gmail.com](mailto:alathgs@gmail.com)) with any questions you may have.



Unit Name and Number: \_\_\_\_\_

Contact's Phone # (\_\_\_\_\_)\_\_\_\_\_

List of Girls Being Endorsed by the Unit (Please Print First and Last Name Only):

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Check number: \_\_\_\_\_

Please return form as soon as your participants are chosen and send all monies by **May 1, 2024**.

to: NC ALA Department Headquarters  
PO Box 46315  
Raleigh, NC 27620

## Calendar Fundraiser

Time is beginning to close in for our Calendar Fundraiser.

Thank you to those that have taken calendars to sell and thank you to those that have bought calendars. We are so close to meeting the number of calendars needed to follow through with the fundraiser. If you need more calendars to sell or purchase some for yourself, email your request to Martha Corriher @ [ncusa1993@hotmail.com](mailto:ncusa1993@hotmail.com) or text her the request at 704-798-3625.

NO calendars are in the office for pickup or purchase.

Please remember to send all money and calendar stubs to the department office by December 2, 2023. Always remember, you got to be in it to win it! Just like membership, the success of any project requires participation from everyone, so jump on board and let's sell more calendars.

For God and Country,  
your Finance Committee

## STATE HEADQUARTERS FUND

November- December Mailing

*In our Constitution and Bylaws, under Article X, Finances in Section 7, it states that the State Headquarters Committee shall supervise the State Headquarters Fund. This fund shall be used to purchase equipment, maintenance contracts and services.*

Ladies once again I must apologize for the wait on our emblem to be placed on the building that you purchased. There has been a change of adjutants and the new one will need to get it approved. Also, he is thinking of asking the SAL Commander if they would like to have their emblem made. If they do, then they can place them on right and left side of the American Legion Emblem on the front entrance to the building.

Also, our new laptop is in the process of being set up for our office use. Hopefully, this will be without any hiccups so it can be up and running very quickly.

Ladies, at your unit meeting please consider making donations to the State Headquarters Fund so we are able to purchase things that can help make the office run very smoothly.

Judy Stancil, Chairman



Greeting from the North Carolina Poppy Chairman

The purpose of the Poppy Committee is to educate American Legion Auxiliary members and the public on the significance of the Poppy Program. The program is for the benefits of veterans, servicemembers and their families.

Are you ready to **Be the One** to elevate community awareness and respect for our veterans? I am sure your answer is, "yes." This can be done in many ways. Let's start by making a donation to the Poppy Fund. Then distribute poppies. Wear American Legion Auxiliary **Branding** to identify yourselves. Have membership pamphlets available at all events to promote membership for eligible family members.

Suggested Poppy Days are: **Veterans Day**: November 11, 2023, **National Poppy Day**: May 24, 2024, **Memorial Day**: May 27, 2024

There will be a **Poppy Arrangement Contest**—traditional Paper Poppies should be used and the Poppy should be prominently displayed. Be sure the white tags are not showing and that you **include your name and unit number** somewhere on the arrangement where it is not prominent.

We will be having a **Poppy Fashion Show Parade** on Saturday, February 17, 2024 at Mid-Winter Conference. Come out and model your Poppy Fashion Outfit. You can model your **hat, scarf, shoes or parasol** adorned with poppies. You may fashion a suit, **a dress, pants, skirt, blouse or jacket** (it may be something purchased or made). Be creative, but most of all...let's have **fun** while strolling down the runway! Prizes will be awarded.

Promote the **Poppy Poster Contest** in your local schools or Community Boys/Girls Club.

Promote the **Little Miss Poppy** in your units. This is for Juniors in good standing between the ages of 6-12 years old.

Keep track of your hours and money spent. Record how many Unit members, Veterans and Juniors assisted at each event. Poppy proceeds must be used to aid veterans and their families.

All reports are due by **April 30, 2024**. You can include your **2023 Memorial Day** activities with your report.

Program information is found on the Department Website: [www.alanorthcarolina.com](http://www.alanorthcarolina.com)

The Poppy Committee is here to assist you with your poppy program.

The more poppies ordered...The more poppies can be distributed....

The more poppies distributed...the more funds can be raised.

The more funds raised, the more veterans, military and their families we can assist.

If you have not ordered your poppies, you still have time!

So, will you be the one to:

**See Something!** (Poppies)

**Say Something!** (Would you like a poppy?)

**Do Something!** (Distribute poppies or make a donation to the Poppy Fund)

Gladys Hawley, Poppy Chairman (919)693-1360 [Miss\\_gladysshawley@yahoo.com](mailto:Miss_gladysshawley@yahoo.com)

Sylvia Jefferson, Committee Member      Virginia Lindsey, Committee Member

## IMPORTANT PROGRAM INFO

- The National Security (NS) Program Plan, EOY Report and monthly NS updates with suggestions for activities can be found on the Department website: <https://www.alanorthcarolina.com/>.
- NS monthly updates have lots of resource information for you to develop a strong National Security Program.
- All Units submitting an EOY report by April 30 will be entered into a drawing for \$100. Reports can also be sent in as weekly/monthly updates. Narrative reports are also encouraged! Volunteer hours are the most important item to report! Send reports to: [michelle.potuzak@yahoo.com](mailto:michelle.potuzak@yahoo.com) or Michelle Potuzak, 15908 Lavenham Road, Huntersville NC 28078
- The best Unit report will be submitted for the National, Most Outstanding Unit National Security Program award.

## PLEASE DON'T FORGET!

Wear RED on Fridays –  
Remember Everyone Deployed.

Follow the Legion's POW/MIA Empty Chair Resolution 288 for designating a POW/MIA Empty Chair at all official meetings. Fly the POW/MIA flag at your Post.

Organize a blood drive or simply  
take time to donate blood.

Cut and send coupons for our troops:  
<https://supportourtroops.org/troopons>

## SALUTE TO SERVICEMEMBERS AWARD

The Department's goal: submit an entry for EACH BRANCH of the military for these awards. We will need you to achieve this!

National will award a winner for each branch of service - Army, Navy, Marine Corps, Air Force, Coast Guard, Space Force and the National Guard and Reserve. Please let us know should you need help with the application. Winners will be guests of the Auxiliary at National Convention. You can find out more information about this award on the National Department website:

[Salute to Servicemembers Award \(legion-aux.org\)](https://legion-aux.org)

## MID-WINTER CONFERENCE — DEPT. OF NC NATIONAL SECURITY SERVICE PROJECT

### Collection for Troop Care Packages

### NC Packs 4 Patriots/Support Our Troops

Ayden, NC — In operation since 2004 and sent care packages to over 200,000 troops — all over the world — just last year alone!



## PLEASE BRING THESE ITEMS TO MID-WINTER CONFERENCE

- **GIFT CARDS** – Amazon \* Walmart \* Visa – any amount (helps the organization to purchase items to send to our troops)
- **WRITTEN LETTERS/CARDS OF ENCOURAGEMENT OR PRAYERS** (please do not seal the letters/cards) - could your Unit do just 20 cards/letters – feeling ambitious, how about 100?

OR, if you can't make it to Mid-Winter Conference:

- **ORDER ITEMS FROM THEIR AMAZON WISH LIST** (ships directly to NC Packs 4 Patriots/Support Our Troops). You can find the Amazon Wishlist on their Facebook page: [NCpacks4patriots/supportourtroops](https://www.facebook.com/NCpacks4patriots/supportourtroops) or follow this link: [Amazon.com](https://www.amazon.com). Be sure to write '**NC ALA National Security Project**' in the gift message for each item you send so we can keep track. Also, for the address, be sure to select "Barbara Whitehead's Gift Registry Address".

**A MONTH OF REMEMBRANCE AND GIVING**

**Nov. 28 – #GIVINGTUESDAY**

**Dec. 1 – CIVIL AIR PATROL (USAF AUXILIARY) BIRTHDAY**

- Connect with your local Civil Air Patrol Squadron to conduct joint events/service projects - [Squadrons - Civil Air Patrol, North Carolina Wing \(ncwgcap.org\)](#).

**Dec. 7 – NATIONAL PEARL HARBOR REMEMBRANCE DAY**

- Honor the day with a memorial service, wreath-laying ceremony and retelling of the days' events. Have a moment of silence at 8AM to honor and remember those who made the ultimate sacrifice.
- Volunteer at your local schools/museums with activities to educate on the historical importance of Pearl Harbor.

**Dec. 13 – U.S. NATIONAL GUARD BIRTHDAY**

- Celebrate by having a cake cutting ceremony with your local National Guard. Don't forget that the oldest member cuts the cake – it's a tradition!

**Dec. 16 – NATIONAL WREATHS ACROSS AMERICA**

- Attend the NC State House Remembrance Ceremony to help REMEMBER the Fallen, HONOR those who Serve, and TEACH our children the value of Freedom. December 11, 2023 at 12:00PM at the NC State House ([NC State House Ceremony](#)).
- Start a fundraising group – begin a wreath sponsorship campaign for a local cemetery. A portion of the proceeds from this type of fundraising activity will go to you!
- Volunteer to place wreaths on a veteran's grave – help is needed at any of the thousands of locations.
- Sponsor-a-Wreath which will be placed on a veteran's grave on Wreaths Across America Day.
- Suggest a new location – coordinate a wreath-laying ceremony at a cemetery or veteran's memorial near you.
- Visit [www.wreathsasscrossamerica.org](http://www.wreathsasscrossamerica.org) for more information!

**HOLIDAYS – A TIME TO GIVE!**

- This is a great time to support an Armed Service Food Pantry (<https://asymca.org/what-we-do/food-assistance/>), adopt a family, or send a care package (<https://supportourtroops.org/>).
- Be sure to check for events going on with our partners:
  - USO - <https://northcarolina.uso.org/>
  - Operation Homefront - Holiday Meals
    - 11/18/23 - Charlotte, NC: <https://operationhomefront.org/event/holiday-meals-in-charlotte-nc/>
    - 12/6/23 - Fayetteville, NC: <https://operationhomefront.org/event/holiday-meals-in-fayetteville-nc/>
    - 12/9/23 - Jacksonville, NC: <https://operationhomefront.org/event/holiday-meals-in-jacksonville-nc/>

**ONGOING:**

- Wear RED on Fridays - Remember Everyone Deployed.
- Follow the Legion's POW/MIA Empty Chair Resolution 288 for designating a POW/MIA Empty Chair at all official meetings. Fly the POW/MIA flag at your Post.
- Cut and send coupons for our troops: <https://supportourtroops.org/troopons>
- Organize a blood drive or simply take time to donate blood.

A veterans' wreath is a symbol of HONOR, RESPECT, and VICTORY. Each of the 10 balsam bouquets that comprises a veteran's wreath, symbolizes 10 special qualities:

- Their BELIEF in a greater good
- Their LOVE for each other
- Their STRENGTH, work ethic, & character
- Their HONESTY & integrity
- Their HUMILITY, selflessness & modesty
- Their AMBITIONS & aspirations
- Their OPTIMISM for America
- Their CONCERN for the future
- Their PRIDE in their duties
- Their HOPE & DREAMS that didn't always come true, but left them with no regrets



**Parts of the Wreath Symbols**

- Evergreens = Longevity & Endurance
- Red Bow = Great Sacrifice
- Forest Scent = Purity & Simplicity
- Circular Shape = Eternity

We want to hear from you! Post pictures of your events on FACEBOOK: **AMERICAN LEGION AUXILIARY DEPT OF NC.**  
Be sure to report everything you do to [michelle.potuzak@yahoo.com](mailto:michelle.potuzak@yahoo.com).

# EDUCATION

The Education program is to provide scholarships to those who desire a college education. We need to bring awareness of the scholarships available to our military children and adults. Please promote these available scholarships within your unit and your communities. Team up with your American Legion Family and host an event to provide information about the many scholarships available from our Department and National. Department scholarship is the Nannie Norfleet scholarship along with the American Legion's Colon Furr Nursing Scholarship. Both are \$1000. The National Organization has many scholarships available, and all are available online at [ALAFORVETERANS.org](http://ALAFORVETERANS.org). The ALA Junior Member of the Year divisional winners will receive a \$1000 scholarship (5 divisions) and the overall winner will receive a \$5000 scholarship and will be asked to bring greetings to the ALA National Convention.

Don't forget to report and track your Give 10 to Education activities. Send any information that you have for Education along rather than waiting until the end of the year.

Upcoming dates to keep in mind:

National scholarship applications are due by March 1, 2024.

- National Education Week November 13-17, 2023.
- Month of the Military Child in April 2024
- Purple Up for Military Children on April 15, 2024.
- **Education End of Year Report due by April 30, 2024**

Our Program Engagement Plan and End of Year Report along with the Nanny Norfleet Scholarship application is available on the department website at [ALANORTHCAROLINA.com](http://ALANORTHCAROLINA.com).

Any questions just reach out!

Thank you!

Tammy Snider- Chairman 704-562-1917  
1807 Rhyne Rd. Dallas, NC 28034 [snidelee1@gmail.com](mailto:snidelee1@gmail.com)

Cathy Ladd Peterson -Committee Member  
919-624-3911 [cathyladd22@gmail.com](mailto:cathyladd22@gmail.com)

Barbara Baker- Committee Member  
919-662-3321 [brbrbaker032@gmail.com](mailto:brbrbaker032@gmail.com)

## **Junior Activities**

The Junior Activities program inspires active participation in members aged 17 and under so that they will become engaging, productive members who will want to continue their American Legion Auxiliary membership into adulthood. The mission of the Jr. Activities committee is to promote volunteerism through community-based programs and services that involve veterans and to teach the principles of loyalty to God and Country, justice, freedom, and democracy to our young members.

Our Juniors can assist in every committee that we have, allow your Juniors to participate in unit activities, invite them to help serve at your dinners, help with your fund raising, and earn Patches along the way.

The Junior Patch Program enables all Juniors, as well as young SAL Members (17 and younger) to participate in this program. Not only will they be rewarded for their good deeds they will also be recognized at Department Convention for earning patches.

The Patch Program activities can be found on the Junior Member Activities page at [www.ALAforVeterans.org](http://www.ALAforVeterans.org) There are different age groups: Purple, Red, Gold & Blue and 11 different categories that can be earned. The new patch level, Purple for Pre-K through Kindergarten. There will be three patches available to earn: Americanism, Membership, and Poppy.

Juniors will also have an opportunity to earn Patches at our Junior Meeting. Look for more information to come regarding the Junior Meeting soon.

Mission Training is in Nashville, Tennessee once again. The Juniors are invited to participate in Junior Mission Training. Please contact me for more information or [ALAforveterans.org](http://ALAforveterans.org).

Honorary Jr President Wrigley President shared a lovely letter in our last mailing. Please go back and read it if you have not had a chance. It explains her President's Project with staggering statistics. We can all take this information and BE THE ONE for our youth.

Katie Pfeil  
Junior Activities Chairman

Caroline Inman  
Junior Activities Committee Member

## **Greenville/ MHC CBOC CDCE (Vol Service) Needs Assessment List**

**Needs List – 1<sup>st</sup> QTR FY 2024 (October to December)**

**Department of Veterans Affairs CDCE Office: Greenville VA HCC (Vol Serv)/MHC CBOC**

**401 Moye Blvd Greenville, NC 27834; (252) 830-2149 Ext 14-3228; [kirk.crawley@va.gov](mailto:kirk.crawley@va.gov)**

### **VOLUNTEER ASSIGNMENTS (HCC and CBOC):**

1. Drivers for Volunteer Transportation Network (All Eastern North Carolina Counties)
2. Support for various HCC/CBOC services such as: Mental Health, LAB, Logistics, HAS, and clinical support (phone assistance, return calls, etc.) for Primary Care and Specialty clinics.
3. Escort Volunteers conducting clinic waiting area “walk-about” to monitor patient safety, provide peer-support, and presence if needed.
4. “Red” Coat Ambassador Front Desk and Wheelchair assistance.

### **ONGOING PROGRAM SUPPORT (HCC and CBOC):**

1. Coffee and Bottled water funds (provides coffee/water in waiting areas/clinics) to assist with providing Lab samples and taking Pharmacy medication.
2. Comfort items, i.e., shampoo, deodorant, feminine hygiene, disposable razors, aftershave, toothpaste, and body wash. All Gender neutral

#### ***(No alcohol-based products)***

4. Wash House gift cards to purchase Washing (laundry) Services (HUDVASH); request varied donation amount of \$5.00 to \$10.00.
5. Walmart Gift Cards (Diabetic snacks, Waters, and Laundry Detergent/cleaning items)
6. Food Lion gift cards for Veteran Micro (Food) Pantry all non-perishable items (Snack bars, oatmeal, pop top can goods - High Protein)

### **SPECIAL REQUESTS/PROJECTS:**

1. Women’s Veterans Quarterly Focus Group (1<sup>st</sup> Qtr.: Breast Cancer Awareness) scheduled for October 10, (GHCC) and October 25, (NHC CBOC) 2023 from 1100 to 1200 at Greenville HCC and MHC CBOC. Sponsor identified to support “Luncheon” items and small gifts for female Veterans attending.
2. CDCE (Greenville HCC/MHC CBOC) “Operation Cold Front” Coat Drive: Sep 1- Dec 31 (See flyer attached)
3. CDCE and HUDVASH (Greenville HCC/MHC CBOC) Thanksgiving Food Drive: Nov 1- Nov 21 (See flyer attached)
4. CDCE (Greenville VA HCC/MHC CBOC) 2023 -- Veterans Day Appreciation Event at the Greenville VA HCC on November 8, 2023; from 0900 to 1100 (Proposed). The theme for this year’s event is “Service”. See attached winning poster.

## Greenville/ MHC CBOC CDCE (Vol Service) Needs Assessment List

5. GHCC/MHC CBOC (Care Giver Support Events), MHC CBOC (TBD) and GHCC (TBD). Community Veterans Organizations requested to provide donations to support this appreciation event for our Veterans and their Care Givers.
6. GHCC CDCE (Vol Serv) and The Blood Connection (TBC) have scheduled a veteran and community from 0800 to 1200 at the GHCC front entrance for November 15, 2023. These drives help to support assisting TBC with increasing blood bank levels and making Veterans aware of community shortages.
7. Durham HCS (CDCE) Giving Tuesday Event (11/28/2023). See attached flyer.
8. CDCE and SWS (HUDVASH/Suicide Prevention); (VANS for TRISTAN) and CDCE Event. Community Donor of Vans Footwear for Homeless and Veterans in need tentatively scheduled for 12/10/2023 (Proposed) at the Greenville VA HCC/MHC CBOC (Separate Delivery)

### ***Currently Needed at this time:***

Coats – Heavy Jackets; Zip-up hoodies; Socks (winter); Under garments (male and female); Female and Male Hygiene (Comfort) Items and Pens.

Hats, Scarves, and Gloves; (all sizes – for winter)

**Note (1): (Due to COVID-19 restrictions, some items can't be received as donations, additionally due to Infection Control policies we are unable to accept used bedding.**

**Department of Veterans Affairs Health Care System  
Center for Development and Civic Engagement (formerly Voluntary Service)**



The following is a list of items for the comfort and welfare of our Veteran patients. Please contact CDCE/Voluntary Service for any questions. Our office phone is (919)-286-0411 x177810. **We only accept new items and those that are requested.** Monetary donations may be mailed or can be dropped off to our office B-1009 which is located on the 1<sup>st</sup> floor of the Medical Center.

**All checks should be made out to the Durham VA Medical Center and the intent for use is provided either on the memo line or with a letter attached to your donation.**

**Durham VA Medical Center  
Attention Voluntary Service (135)  
508 Fulton Street  
Durham, NC 27705**

**EDONATE IS NOW AVAILABE FOR CREDIT CARD DONATIONS!!!**

Please go on to our website [www.volunteer.va.gov](http://www.volunteer.va.gov)  
And click on the E DONATE Icon!

You may make a monetary donation to any specific fund as follows:

1. Recreation Events (includes parties, supplies and other special events for our Veteran patients).
2. Emergency Welfare
3. Coffee Program (to purchase K cups, sugar creamer and other items for coffee program)
4. Hospice Fund
5. General Purpose
6. Women Veteran Needs
7. National Rehabilitation Events including Adaptive Winter Sports Clinic, Creative Arts Festival, Wheelchair Games, and the Golden Age Games. Donations assist us in sending veterans to these events including transportation and hotel costs.
8. Haircut Thursday is done monthly to provide long term patients with a monthly haircut. Each haircut is \$23.00 per Veteran.



### **FOOD PANTRY**

- Hormel complete meals any variety
- Horizon milk (no refrigeration until opened)
- Cereal individual packages or bowls
- Canned tuna, chicken, spam, or other protein enriched items
- Breakfast items non-perishable
- Canned vegetables, baked beans, soups without cream
- Canned or microwave pasta (chef Boyardee, mac & cheese)
- Canned or cups of fruit to include applesauce
- Cans of Coffee for patient coffee program regular and decaffeinated
- K CUPS for Hospice (assorted varieties)

### **OTHER NEEDS:**

- L-XL-2XX, 4XXL Blue, Gray, Black sweatpants (elastic bottoms and waist) and sweatshirts for males
- M, L, XL, 2X, 3X, 4X Men's Coats
- Men's underpants L, XL, 2X
- Size 10, 10 ½, 11, 11 ½, 12-, & 13-men's sneakers

### **For our Hud/VASH Program (permanent housing for our Veterans)**

- Queen size electric air mattresses (built in pumps) GREAT NEED
- Queen size bed in a bag unisex
- Bed pillows
- Stick vacuums
- Pot and pan sets/dishware sets/silverware
- Towel sets/shower curtain and rod/bathmats
- Household cleaning supply buckets (mop bucket with household cleaning supplies to include sponge, all-purpose cleaner, dish liquid, etc.).

### **Recreation & Occupation Therapy Department**

- Netflix Gift Cards, Spotify, Apple Gift Card
- Subscriptions: Netflix, Apple Music, Spotify
- Grocery Store gift cards for resident cooking group
- Restaurant gift cards for patient outings
- Word Search Puzzle books, decks of cards and electronic games
- I TUNES
- Tabletop Stand Mirrors
- Magnifying glasses

We are always happy to assist you with your donations by meeting you with a cart. Please contact our office at 919-286-0411 ext. 177810 in advance so we can make arrangements to assist with the unloading. We request that boxed items weigh no more than 20 lbs. each please.

# Fayetteville VA Food Pantry List:

Please note this is to give an example. We will accept all type of ready to eat meals 🍲



Van Camp's  
Beanie Weenie



Vienna Sausage (all brands)



Oodles and  
noodles (all Flavors)



Potted Meat



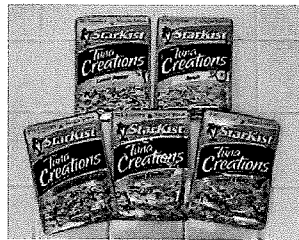
Spam Spread



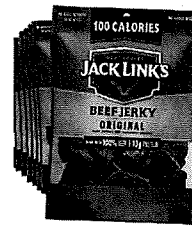
Deviled Ham



Can of tuna



Pre-packaged tuna



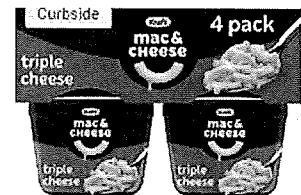
Beef jerky



Chef Boyardee (All Flavors)



Microwave ready to eat meals (all flavors)



Mac N Cheese macaroni



Crackers (All Brands)

Lance Sandwich Crackers

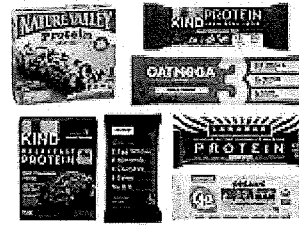
Chips, Cookies (All brands)



Pop tarts



Fruit snacks (all flavors)



Protein bars (all brands)



Fruit Cup' Snacks



Bottles of water (all Brand)

All type of Juices  
(Welch's, Ocean Spray, V8)

These are the items that are needed for our Food Pantry at the Fayetteville VA.

Items that are not required refrigeration and can be opened without a can opener.

**With the holidays coming up**, we also need sweat pants sizes L, XL, XXL, XXXL, And XXXXL. Colors, brown, black, navy, and grey. Need sweat shirts as well in same sizes and colors and men's underwear in same sizes. For our female veterans, items needed are sports cotton.

bras in sizes XL, XXL, XXXL. Women's underwear sizes 8,9,10,11,12.

We always need socks, baby oil, non-skid shower shoes. Walmart Gift Cards in the amount of \$20/each.

Your Units have been so generous in the past and I thank you for your support of our veterans.

Have a wonderful Thanksgiving.

Ann Moore

Representative for Fayetteville VA Medical Center

# NC ALA Weekly Membership Report - 11/8/2023

		UNIT	CITY	OBJECTIVE	JUNIOR	SENIOR	TOTAL	PERCENT
		1981	Raleigh	96	0	66	66	68.75%
		<b>Total</b>		<b>96</b>	<b>0</b>	<b>66</b>	<b>66</b>	<b>68.75%</b>
	<b>Total</b>			<b>96</b>	<b>0</b>	<b>66</b>	<b>66</b>	<b>68.75%</b>
1	01	0040	Edenton	140	3	95	98	70.00%
		0102	Ahoskie	20	0	0	0	0.00%
		0126	Hertford	16	0	11	11	68.75%
		0223	Elizabeth City	17	0	11	11	64.71%
		0288	Coinjock	77	2	33	35	45.45%
		0308	Littleton	24	0	23	23	95.83%
		0362	Hertford	13	0	0	0	0.00%
		0425	Littleton	17	0	7	7	41.18%
		<b>Total</b>		<b>324</b>	<b>5</b>	<b>180</b>	<b>185</b>	<b>57.10%</b>
	02	0015	Washington	22	6	6	12	54.55%
		0024	New Bern	14	0	4	4	28.57%
		0039	Greenville	24	1	17	18	75.00%
		0043	Kinston	17	0	13	13	76.47%
		0046	Morehead City	30	3	16	19	63.33%
		0064	Pollocksville	27	0	0	0	0.00%
		0094	Snow Hill	25	0	12	12	48.00%
		0151	Farmville	0	0	10	10	#DIV/0!
		0154	Trenton	23	0	14	14	60.87%
		0219	Kinston	19	0	20	20	105.26%
		0263	Washington	19	0	16	16	84.21%
		<b>Total</b>		<b>220</b>	<b>10</b>	<b>128</b>	<b>138</b>	<b>62.73%</b>
	03	0010	Wilmington	103	0	48	48	46.60%
		0078	Swansboro	13	1	3	4	30.77%
		0129	Carolina Beach	216	1	134	135	62.50%
		0165	Burgaw	16	1	17	18	112.50%
		0167	Hampstead	69	6	29	35	50.72%
		0213	Southport	11	0	12	12	109.09%
		0265	Jacksonville	57	2	39	41	71.93%
		0294	Burgaw	12	0	0	0	0.00%
		0379	Alberston	17	0	10	10	58.82%
		0454	Oak Island	20	0	10	10	50.00%
		0503	Calabash	235	5	175	180	76.60%
		<b>Total</b>		<b>769</b>	<b>16</b>	<b>477</b>	<b>493</b>	<b>64.11%</b>
	04	0005	Saint Pauls	16	0	9	9	56.25%
		0032	Fayetteville	28	1	12	13	46.43%
		0202	Fayetteville	139	14	57	71	51.08%
		0204	Fair Bluff	11	0	0	0	0.00%
		0230	Spring Lake	14	0	1	1	7.14%
		0233	Whiteville	20	0	17	17	85.00%
		0271	Rowland	23	5	13	18	78.26%
		0319	Clinton	36	8	17	25	69.44%
		0404	Elizabethtown	23	2	21	23	100.00%
		<b>Total</b>		<b>310</b>	<b>30</b>	<b>147</b>	<b>177</b>	<b>57.10%</b>
	05	0011	Goldsboro	56	2	26	28	50.00%

		0013	Wilson	61	0	21	21	34.43%
		0017	Wilson	27	0	18	18	66.67%
		0058	Rocky Mount	13	0	4	4	30.77%
		0071	Clayton	37	0	23	23	62.16%
		0103	Mount Olive	25	3	21	24	96.00%
		0109	Benson	172	17	91	108	62.79%
		0110	Nashville	13	0	7	7	53.85%
		0132	Smithfield	20	3	14	17	85.00%
		0270	Smithfield	11	0	2	2	18.18%
		0346	Four Oaks	115	20	85	105	91.30%
		0405	Pine Level	58	5	43	48	82.76%
		0518	Clayton	11	0	1	1	9.09%
		<b>Total</b>		<b>619</b>	<b>50</b>	<b>356</b>	<b>406</b>	<b>65.59%</b>
	<b>Total</b>			<b>2242</b>	<b>111</b>	<b>1288</b>	<b>1399</b>	<b>62.40%</b>
2	06	0006	Chapel Hill	69	0	43	43	62.32%
		0007	Durham	74	0	39	39	52.70%
		0052	Franklinton	36	1	27	28	77.78%
		0060	Henderson	15	0	0	0	0.00%
		0063	Burlington	20	0	18	18	90.00%
		0166	Oxford	50	8	29	37	74.00%
		0175	Durham	47	7	23	30	63.83%
		0176	Henderson	13	0	12	12	92.31%
		0210	Yanceyville	36	0	26	26	72.22%
		0416	Lowes Grove	18	0	9	9	50.00%
		0427	Haw River	20	0	14	14	70.00%
		0452	Schley	21	0	7	7	33.33%
		0547	Warrenton	13	0	13	13	100.00%
		<b>Total</b>		<b>432</b>	<b>16</b>	<b>260</b>	<b>276</b>	<b>63.89%</b>
	07	0001	Raleigh	18	1	6	7	38.89%
		0049	Hamlet	34	0	9	9	26.47%
		0059	Dunn	40	2	28	30	75.00%
		0067	Cary	68	1	51	52	76.47%
		0072	Aberdeen	16	0	0	0	0.00%
		0116	Fuquay Varina	276	6	177	183	66.30%
		0157	Raleigh	16	0	5	5	31.25%
		0177	Southern Pines	32	0	28	28	87.50%
		0187	Wake Forest	31	0	23	23	74.19%
		0232	Garner	19	0	0	0	0.00%
		0277	Siler City	13	0	8	8	61.54%
		0296	Vass	12	0	0	0	0.00%
		0382	Sanford	43	2	27	29	67.44%
		0436	Angier	15	1	13	14	93.33%
		<b>Total</b>		<b>633</b>	<b>13</b>	<b>375</b>	<b>388</b>	<b>61.30%</b>
	08	0027	Monroe	50	0	1	1	2.00%
		0051	Concord	25	0	16	16	64.00%
		0076	Albemarle	16	0	0	0	0.00%
		0115	Kannapolis	24	1	19	20	83.33%
		0159	Troy	12	0	0	0	0.00%
		0208	Waxhaw	27	0	18	18	66.67%
		0212	Monroe	24	0	0	0	0.00%
		0358	Troy	12	0	0	0	0.00%

3	09	0440	New Salem	35	0	0	0	0.00%
		0523	Harrisburg	30	0	21	21	70.00%
		0535	Unionville	51	0	47	47	92.16%
		<b>Total</b>		<b>306</b>	<b>1</b>	<b>122</b>	<b>123</b>	<b>40.20%</b>
		0008	Lexington	66	1	37	38	57.58%
		0014	Salisbury	15	0	11	11	73.33%
		0045	Asheboro	34	0	15	15	44.12%
		0081	Liberty	25	2	22	24	96.00%
		0106	Salisbury	45	0	26	26	57.78%
		0107	Salisbury	24	0	6	6	25.00%
		0146	Landis	69	23	28	51	73.91%
		0162	Reeds	10	0	1	1	10.00%
		0255	Lexington	22	0	15	15	68.18%
		0327	Faith	128	5	62	67	52.34%
		0342	Salisbury	69	1	38	39	56.52%
		<b>Total</b>		<b>507</b>	<b>32</b>	<b>261</b>	<b>293</b>	<b>57.79%</b>
	10	0053	Greensboro	42	0	23	23	54.76%
		0055	Winston Salem	70	2	46	48	68.57%
		0087	High Point	32	0	26	26	81.25%
		0123	Mount Airy	26	5	25	30	115.38%
		0128	Winston Salem	13	0	10	10	76.92%
		0290	King	76	3	60	63	82.89%
		0505	Yadkinville	27	2	18	20	74.07%
		0522	Lewisville	21	0	11	11	52.38%
		0534	Mayodan	15	0	0	0	0.00%
		<b>Total</b>		<b>322</b>	<b>12</b>	<b>219</b>	<b>231</b>	<b>71.74%</b>
	<b>Total</b>			<b>2200</b>	<b>74</b>	<b>1237</b>	<b>1311</b>	<b>59.59%</b>
	11	0029	Lenoir	41	6	33	39	95.12%
		0031	N Wilkesboro	20	6	18	24	120.00%
		0048	Hickory	46	5	28	33	71.74%
		0065	Statesville	26	0	22	22	84.62%
		0209	Granite Falls	15	0	0	0	0.00%
		0217	Statesville	27	0	14	14	51.85%
		0231	Lenoir	20	0	0	0	0.00%
		0240	Maiden	37	0	20	20	54.05%
		0275	Lansing	21	0	20	20	95.24%
		0392	Hudson	21	3	12	15	71.43%
		0401	Troutman	15	0	6	6	40.00%
		0544	Hickory	21	4	19	23	109.52%
		<b>Total</b>		<b>310</b>	<b>24</b>	<b>192</b>	<b>216</b>	<b>69.68%</b>
	12	0030	Lincolnton	18	0	3	3	16.67%
		0086	Davidson	58	2	49	51	87.93%
		0144	Belmont	17	0	12	12	70.59%
		0180	Belmont	12	0	0	0	0.00%
		0221	Charlotte	12	0	0	0	0.00%
		0235	Matthews	23	0	3	3	13.04%
		0262	Charlotte	51	0	19	19	37.25%
		0321	Huntersville	57	6	42	48	84.21%
		0353	Charlotte	14	0	0	0	0.00%
		0380	Charlotte	0	0	0	0	#DIV/0!
		<b>Total</b>		<b>262</b>	<b>8</b>	<b>128</b>	<b>136</b>	<b>51.91%</b>

13	0023	Gastonia	10	0	2	2	20.00%
	0074	Forest City	14	0	6	6	42.86%
	0082	Shelby	66	7	54	61	92.42%
	0100	Cherryville	94	5	89	94	100.00%
	0155	Kings Mountain	34	0	0	0	0.00%
	0243	Bessemer City	47	1	26	27	57.45%
	0250	Tryon	27	0	1	1	3.70%
	<b>Total</b>		<b>292</b>	<b>13</b>	<b>178</b>	<b>191</b>	<b>65.41%</b>
14	0002	Asheville	14	0	1	1	7.14%
	0070	Asheville	20	2	13	15	75.00%
	0234	Valdese	58	0	34	34	58.62%
	0317	Marshall	14	0	2	2	14.29%
	0322	Morganton	54	9	15	24	44.44%
	0506	Morganton	12	0	0	0	0.00%
	<b>Total</b>		<b>172</b>	<b>11</b>	<b>65</b>	<b>76</b>	<b>44.19%</b>
15	0047	Waynesville	68	0	43	43	63.24%
	0077	Hendersonville	198	8	116	124	62.63%
	0088	Brevard	75	0	46	46	61.33%
	0096	Murphy	16	0	5	5	31.25%
	0104	Sylva	34	4	19	23	67.65%
	0108	Franklin	60	1	42	43	71.67%
	0143	Cherokee	65	0	26	26	40.00%
	0532	Hayesville	46	3	34	37	80.43%
	<b>Total</b>		<b>562</b>	<b>16</b>	<b>331</b>	<b>347</b>	<b>61.74%</b>
<b>Total</b>	<b>Total</b>		<b>1598</b>	<b>72</b>	<b>894</b>	<b>966</b>	<b>60.45%</b>
<b>Total</b>	<b>Total</b>		<b>6136</b>	<b>257</b>	<b>3485</b>	<b>3742</b>	<b>60.98%</b>