

Veterans Day November 11, 2023



On the 11th hour of the 11th day of the 11th months, (November 11, 1918) an armistice or cease-fire went into effect between the Allies and the Germans. This was regarded as the war to end all wars. The official end to World War I or the Great War was with the Treaty of Versailles signed June 28, 1919. Please remember to thank a veteran for their service. Please pray for our active military and their families. We are living in a very uncertain time. Please keep Israel in your prayers.

Happy Thanksgiving



Sign up for Mission Training

For more information on Mission Training [Website: American Legion Auxiliary Mission Training Information](#)

The Southern Division Mission Training

Nashville, Tennessee:

Saturday, February 3, 2024

Hilton Nashville Airport

2200 Elm Hill Pike, Nashville, TN 37214

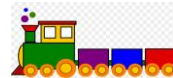
National Appointments Applications are now open for the 2024-2025 Year! The deadline to submit your application is, Friday, December 15, 2023.

Veterans Day is November 11, 2023.

Thanksgiving November 23, 2023

Wreath Across America Day is December 16, 2023

Get on Board the NC Train and get that membership turned for Conductor Toni. Our next membership challenge is December 7th we need to be at 75% Toot Toot!!



The Red Book

The Red Book is the National Leadership Directory. It is available online in a Searchable PDF version at

www.alaforveterans.org

This provides you with contact.

Information for National Program Chairs.

What are you Thankful for this November?

November is a time when most of us reflect on our blessings.

Although we should count our blessings Daily. God has blessed me with a wonderful family and friends.

I am blessed to have been born in the greatest country.

I am thankful to be a member of the ALA and the Legion Family. I am Thankful to all who have served.

and those that are currently serving our country.

Without your service and sacrifice, we would not have.

the freedoms we enjoy today. Please remember to

thank a veteran on Veterans Day and every day.



On Wednesday, October 25, I attended the National President's webinar on Be The One. President Lisa hosted a panel of American Legion leaders who provided information on today's veterans and their mental health and the suicide epidemic. They discussed the challenges that veterans face and what initiatives are being taken to address their well-being. National President Lisa reiterated the goal is to take away the negative stigma about asking for and seeking help. If you missed the Webinar, it will soon be available at the ALA Academy. Remember you must be logged into your membership portal.

Remember On the first day of every month, Legion Family members are encouraged to wear a #BeTheOne item to show their commitment to reducing the stigma around mental health issues among veterans and service members. We want to start a conversation about what Be the One is and how to save the life of a veteran. To reach the Confidential crisis support by telephone, dial 988 and then press 1. This line is available 24/7 for veterans and their loved ones. They can also text 838355. Veterans do not have to be enrolled in VA benefits or health care to call the helpline. To learn more: betheone.org

Spotlight on the Department Historian

Linda Quinlan 2023-2024

Greetings Auxiliary Members:

It was wonderful seeing many of you at the recent Department Fall Conference. I hope that you stopped by my display board and picked up handouts on doing your unit history and scrapbooks for this ALA year. If not, I've asked Julie Smith to attach several sheets for your info. Please don't hesitate to contact me via text message, email, or phone call anytime you have questions or have an interesting (or historical tidbit) to share from your unit. When writing your history, try to ask yourself, "If someone was reading my unit history 50 years from now, what would be interesting to them? What happened in my unit that made me so proud to be a member?" ETC. ETC.

I am so honored to be your North Carolina Department Historian this year! One of my goals is to submit an awesome end-of-year report to the Southern Division next summer. But I need the help of every unit in this great state. I hope that unit historians will begin keeping notes now, and by **JUNE 1, 2024**, email me your 2023-2024 Unit History. (jlquinlan@att.net) or mail to my home: 359 Magness Road, Shelby, NC 28150, In addition, bring your History report to the convention for judging. Remember - History reports should be in a typed narrative format and contain no more than five pictures. For units preparing scrapbooks for judging, bring them to the Department Convention for judging as well. Scrapbooks should have lots of pictures! Posed pics are fine, but oftentimes candid ones are even better! Please remember to identify persons in the photos and arrange the pages in chronological order. I look forward to seeing lots of reports and scrapbooks next June.

Take care, stay well, happy upcoming holiday, and please keep in touch.

Kind Regards,

Linda Quinlan
2023-2024 NC Department Historian
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