



**Mission Training** is an exciting, fun packed one-day learning event for all ALA members, whether you are a seasoned or new members. There is always something to learn. It is a great opportunity to meet national leadership and make friends from other departments. I plan to attend Mission Training in Nashville, Tennessee. I hope to see many of you there.

**National Junior Meeting is also held at the same time and same place.** Junior members, who have celebrated their 8th birthday or older, may attend the national Junior meetings. Many fun and interactive activities will take place. National hopes that bringing the meeting closer to our Juniors will promote attendance over the weekend. If you are attending mission training, and have juniors in your unit, please consider making plans for them to attend with you.

For More information on Mission Training [Website: American Legion Auxiliary Mission Training Information](#)

You can choose any of the five locations. you don't need to stay within your ALA division.

**Cincinnati, Ohio:**

Saturday, November 4, 2023  
Embassy Suites Cincinnati Rivercenter Covington  
10 East RiverCenter Blvd., Covington, KY 41011  
[Cincinnati Registration Click Here](#)

**Providence, Rhode Island:**

Saturday, November 4, 2023  
Marriott Providence Downtown  
1 Orms Street, Providence, RI 02904  
[Providence Registration Click Here](#)

**Las Vegas, Nevada:** Saturday, January 27, 2024

Tuscany Suites & Casino  
255 East Flamingo Road, Las Vegas, NV 89169  
[Las Vegas Registration Click Here](#)

**Nashville, Tennessee:**

Saturday, February 3, 2024  
Hilton Nashville Airport  
2200 Elm Hill Pike, Nashville, TN 37214  
[Nashville Registration Click Here](#)

**Lincoln, Nebraska:**

Saturday, February 3, 2024  
Marriott Lincoln Cornhusker  
333 South 13th Street, Lincoln, NE 68508  
[Lincoln Registration Click Here](#)



**AMERICAN  
LEGION  
AUXILIARY  
JUNIORS**

**T-shirt  
Design  
Contest**



Don't forget to order your Halloween Safety Coloring books from Emblem Sales



# BE THE ONE

On the first day of every month, Legion Family members are encouraged to wear a #BeTheOne item to show their commitment to reducing the stigma around mental health issues among veterans and service members. We want to start a conversation about what Be the One is and how to save the life of a veteran. To reach the Confidential crisis support by telephone, dial 988 and then press 1. This line is available 24/7 for veterans and their loved ones. They can also text 838355.

Veterans do not have to be enrolled in VA benefits or health care to call the help line.

Learn more about Be the One's mission. at [bethone.org](http://bethone.org). The website includes links to resources: Links to YouTube videos, printed material, branding graphics, and clothing.

Don't forget to click the link to sign up for emails and updates.

Remember this is a National Legion Family concern. All three areas of the Legion Family (National Commander, National President, and SAL Commander) have made it a priority.

## Spotlight on Junor Activities

**Committee Chairman:** Katie Pfeil [KAPFEIL@ME.COM](mailto:KAPFEIL@ME.COM)  
(910)200-6014

**Committee Member:** Caroline Inman [CAROLINEIUSC96@GMAIL.COM](mailto:CAROLINEIUSC96@GMAIL.COM)

**Honorary Junior President:** Wrigley Benfield, Landis ALA Unit 146.

**Southern Division Chairman:** Diane Spencer

**National Chairman:** Barbara Washburn

### The Purpose:

**The Junior Activities Program is designed to actively inspire participation by American Legion Auxiliary members under the age of 18 years old. The Junior Activities Program builds a strong future for the American Legion Auxiliary by engaging productive members to carry on the ALA mission for life. Who is eligible for membership as a Junior? Any girl under the age of 18 who is a daughter, or granddaughter of an American Legion member or a deceased veteran.**

### To get involved check out the Facebook Pages

• "LIKE" the National Junior Activities Facebook Page. (<https://www.facebook.com/alajuniors/>) and <https://www.facebook.com/alanc.juniors>

1. Engage Juniors in Programs of the American Legion Auxiliary.
2. Promote and Encourage Junior Participation in the Patch Program.
3. Look for Junior Member Activities. On the Activities Page
4. in the Members Only section at [www.ALAforveterans.org](http://www.ALAforveterans.org)

For more ways to engage your juniors **contact Department Chair: Katie**

**Government Shut Down avoided:** A bipartisan bill will keep the government funded through November 17. The American Legion calls on Congress to pass the "Pay Our Troops Act." So that our United States Armed Forces can still pay their bills during a government shutdown. Please contact your Senators and Legislators

**Membership Renewals were sent out on September 15<sup>th</sup>.  
Get on Board the NC Train and send the membership in  
for Conductor Toni. Toot Toot!!!!**

