

National Poppy Day, Friday, May 23



For more than a century, the red poppy has been recognized as a symbol to honor our nation's military.

The American Legion Family asked Congress to designate the Friday before Memorial Day as National Poppy Day. The wartime veterans' service organization supports veterans, active-duty service members, and their families. The poppy symbolizes the blood shed for those who fought and continue to fight for our country.

May is Military Appreciation Month. On Saturday, May 17, we honor the men and women serving in our Armed Forces. Armed Forces Day was established in 1949 to recognize the men and women serving in the United States Armed Forces. How will your unit show appreciation to our military this month?

Memorial Day is Monday, May 26. It was formerly known as Decoration Day and commemorates all men and women who have died in military service for the United States. Many units will place flags on the graves of our veterans.

As we remember those who gave the ultimate sacrifice for our freedom, remember Matthew 5:4: Blessed are those who mourn, for they shall be comforted.



Remember to Wear Your "Be The One" Shirt on the first of every month.

"Be The One" crisis #988 and press 1. Counselors are available 24/7 or text 838255. Remember, the objective of the Be The One Campaign is to prevent suicide. The Legion Family reaffirms our commitment to the 'Be the One' Mission this year. We will continue our efforts to prevent suicide through the 'Be The One' Mission. Remember, counselors are available 24/7, or you can text 838255 for support. Together, we can make a Difference.

Dates to Remember

End-of-year Reports are now past due to your department chairs. Please do so if you have not sent your EOY Report to the Department Chairs. Their Report to their perspective Southern Division Chairs is due May 15

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Department Convention June 19-21

The Date for Legion College has changed to July 11-12

**American Legion World Series
August 14-19**

National Convention August 22-27

Remember to bring items for the President's Project. I understand there will be a Christmas in July Sale.

We all need to help President Toni reach her goal of \$20,000. Remember her project to support women veterans: Women Veterans Support Service, wvss.wildapricot.org. This is our own Patricia Harris's program.